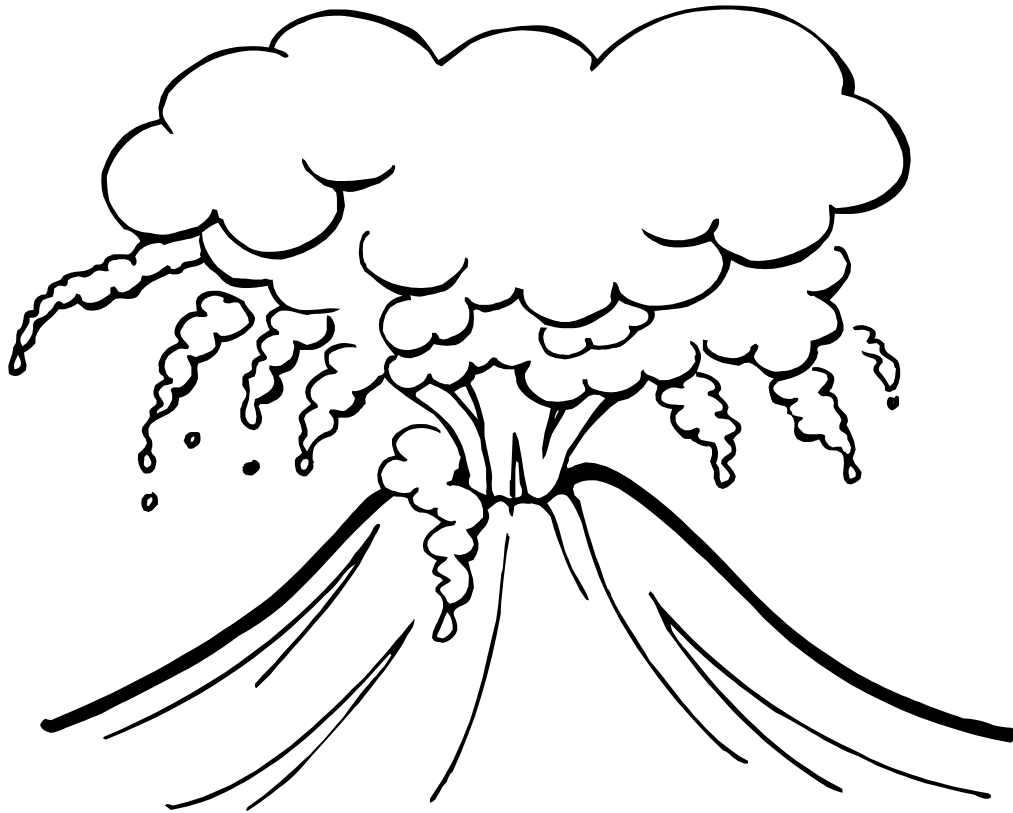


Diabetes and High Blood Pressure Are Like Twins



Overhead

Ignoring Your High Blood Pressure



Blood Pressure Levels

Highest Risk 140/90*

130/85*

120/80*

Lowest Risk below 120/80

For People with Diabetes: Medication may be needed if blood pressure is 130/80 or higher.

* *Increased Risk*

